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Care Pathway for Adult Autism Diagnosis

Referral Received by GP

Pre-diagnostic counselling from GP and then written information

Pre-assessment questionnaire sent

Does this person require ASC diagnosis

YES
Referral to advocacy if required

NO
Signpost/respond to referrer and/or /individual as appropriate if required

Does this person require IQ or Mental Health assessment prior to ASC assessment

YES
Access appropriate assessment prior to ADA

NO

Team allocate appropriate lead clinician in relation to MH/LD/Functional presentation

Initial Appointment offered

- *4 hour Direct contact time with Senior clinician (Interview and ADOS/DISCO/Other*
- *4 hours indirect evaluation/write up from senior Clinicians (Second marking/diagnosis/report writing/peer reviewing)*
- *4 hours support form band 4 support staff (Parent/Carer interview/note-taking/videoing*

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Diagnostic follow-up session

1½ hours direct contact time for 2 senior clinicians
Carers/spouse/employer can come to feedback session

Report sent out to referrer and participant

Follow-up dependent on diagnosis: Does this person have ASC?

YES

NO
Clinician may signpost to alternative services
OR
Clinician may decide this is appropriate

Support - as appropriate

- *Direct to local branch of NAS*
- *Signposting*
- *Leaflets and local info, book list and advice*
- *Carers advice as needed*
- *Specific support groups for people diagnosed with AS/Autism*
- *Referral to SEQOL energy2work or Job Centre Plus*
- *Referral to disability leisure services*
- *Information on Autism Alert card*
- *Signpost if Community Care or Carers Assessment needed*

1½ hour solution focussed follow-up session

Feedback form sent to identify outcomes of assessment and unmet support needs identified to commissioners

Client discharged - any unmet needs highlighted